



## CHAPTER 1

# To Inspire

**S**ome may wonder, what qualifications that I, Sanford J Horowitz possess to open my mouth about anything. Well, if you're looking for a long list of academic credentials, I'll come up way short. But, as many of us know by now, credentials don't always solve the problem. After all, it is not uncommon for regular people who rise from the crowd to say, "Hey, I think I've discovered a way to help out." And guess what—the good ones get to write book #2.

All I know is that I was "inspired" to write my words to you and that's how this all got started. From almost the very beginning of my conscious memory, the question that always popped into my head was, what is the meaning to all this, and I mean, *All of this!* And me being a kid, that

question became my *inspiration* to reach out and explore life any way I could.

There have been many ups and downs in my life with only shallow answers to offer. However, if you like what I have to say, then I will say God had a hand in this process. Either way, in fact, God had his hand in this.

All humans are connected by the truth. I am told we are born with this information, but it just needs to be rediscovered. Why? Because a fundamental rule for personal growth is that we need to re-learn it, re-earn it for each life time, in the form of knowledge and wisdom.

Another secret about “knowledge” I learned, is that its main purpose is to *inspire*. How interesting I thought. But because it actually made sense, I embraced it and soon it became my engine that was behind this journey.

Driven by this desire to know more about how it all works became more and more fascinating to me. The problem of course, what road should I drive down as my source for answers? I knew that question laying in front of me would become one of those defining moments, and that it would determine my true life’s path, which ultimately became the world of “spirituality”.

So, how did I choose the world of spirituality? Honestly, when I thought back to that decision, it was to a consistent feeling I got way back in college. Somehow, I was drawn to books with a mystical and spiritual point of view. Classics like, *Sid Arthur*, and authors like Dostoevsky. It just made a strong impact on me. It was a truth that I connected to. So, to me, that was the answer to my question. Spiritual truths were where I was going. Its practical rewards were so concrete and something I could easily test in real life situations. Nothing was hypothetical because the results appeared right in front of my eyes and my life became

better and better. So, I turned the key, and there I went, pedal to the metal!

Being inspired by my new spiritual findings became like an addiction. Almost every answer or secret I uncovered, inspired me to the next secret, and the next answer.

So, how does this relate to you, the reader? Being inspired is simply a mindset to seek knowledge. Its benefits have been the best feeling and it can be yours as well.

After years of learning and finding new truths, I came to understand the power and benefits of sharing what I have discovered. I learned that sharing is the most fundamental gift from God and his most defining quality.

Inspiration is a gift as well. After all, this is the purpose of this chapter! But this does not come easy. I can give all of you answers to the universe but until you put in the effort, to truly comprehend the information and put it to use, what's the point?

Yes, all this will take work on your part but at least you will be well armed like never before. I even guarantee satisfactory results will follow, even amazing results.

All the knowledge every one of you have, come with certain responsibilities given to us, divinely. It's part of your assets that you have already acquired that may, in fact, far exceed what you have in your bank and then some. So, don't ever diminish it or write it off. It is those assets that ONLY seniors possess. These are your assets, once you honestly see them as assets, this will fuel you and inspire you to know more.

For reasons I will reveal later, society is attempting to down grade our role in the world, especially here in the US. And the truth is, they have done this because they fear us and fear our voice.

Our planet needs all of you. Look around. Most of

us are of this special generation of the sixties. This is no accident of who we are and what we have collectively accomplished. What I believe is that we have yet another vision for the future generation. And we need to make it happen. Our planet is a mess, relying only on technology to solve problems.

What came to me after much thought, was that we are the only generation qualified to look to the past, present, and into the future, for sound solutions. Who else has that unique perspective? Technology, like computers, requires content. Our voices need to be a part of that content. We are really a gift to society, not the burden that is often projected. Our voice needs to be something that is heard, proud, and respected.

The other morning, I had a vision of standing on a mountaintop, arms spread, looking over this amazing view of other snowcapped mountains as far as the eye could see. Man, was I feeling inspired! The image that came over me, I later realized, wasn't only about me but was about all of us, collectively, looking out, imagining what we can accomplish. Sounds outrageous but isn't this what we have done? Haven't we all climbed this mountain of life, more treacherous than the real thing?

I'm not saying we have only done stupendous feats or anything like that because life is not like that. A person could have accumulated masses of wealth and fail as a father, mother, son or daughter, husband or wife. And a person could have lived a simple, modest life and raised amazing children. It's all relative. Hopefully we have all learned that by now. So, is all of us standing on top of that mountain so far-fetched? Look back. Appreciate, and thank God for everything we might have done, big or small. It will inspire you.

Anyone who is considered a senior, or elder, has earned that space where I stood—one way or another. As a student of history, how often have I read that what became the difference between winning and losing was often some inconsequential, minor mistake or tiny event that turned the tide of a battle, war, or even the direction of mankind itself. In short, it is not up to us to judge other people's merits or life history. Yes, we all deserved a respected space among the society we helped to build.

It is my belief that each one of us is here on earth for a reason. Since I believe in reincarnation, that reason may be very complex. But since my belief system also believes that God is the mastermind of it all, we may not truly understand our mission here on earth right away. It can take years—many years. Which leads me to the next point.

Why did God create us older people? Do you think we came about without a reason, or just to collect social security?

For most of civilization, “the elders” have been revered, but why? Why did God divide us by ages—babies, tots, kids, teens, 20's, 30's, 40's, 50's, 60's, 70's and beyond and put us at the top? Remember, God never does anything without a reason. In fact, God had to be inspired himself when he created seniors. Someone with a lifetime of knowledge to add to the mix seems brilliant to me.

So, maybe it's time we turn another page, like back to the future, to a system God created, instead of one created by, who knows? I believe we elders need to step forward in this society and reclaim our place. We must redefine our place and our voices and get back in the game. I know our generation and I am absolutely convinced we have what it takes. However, we must reclaim it in a new and creative way. The only decision we need to make—and I

mean collectively—is whether to be an active player or not. Remember, it is not gauged by big grandiose ideas or actions, because the smallest of actions can be the seed of what changes the world.

What I want to add to your resume is powerful, spiritual knowledge. It will arm you with bullet proof wisdom ready to be used to inspire and excel you through this final adventure. All I ask is just give me a read and you'll see how true it is. After that, I pray you will use this knowledge to help bring this world back to its senses.

## CHAPTER RECAP

- We are all internally connected to the truth.
- Living a fulfilling life takes wisdom.
- We are an essential part of the collective whole of humanity.
- We are all here for a reason/ every person counts.
- God created Elders for a reason.
- Sharing is a fundamental gift from God as well as inspiration.